



DEPARTMENT OF HEALTH & HUMAN SERVICES

AGENDA ITEM NO. 4.a.

RECEIVED
CITY OF GARDEN GROVE
CITY CLERK'S OFFICE

2008 JUN -6 A 10: 25

Center for Mental Health Services
Center for Substance Abuse
Prevention
Center for Substance Abuse
Treatment
Rockville MD 20857

Mayor William Dalton
P.O. Box 3070
Garden Grove, CA 92842

Dear Mayor William Dalton:

National Alcohol and Drug Addiction Recovery Month (Recovery Month) is observed each September. This year's theme, "*Join the Voices for Recovery: Real People, Real Recovery*" highlights the people for whom treatment and long-term recovery have given a renewed outlook on life. It also celebrates those who have worked to advance the treatment and recovery landscape. The **Recovery Month** observance, now in its 19th year, is designed to help people understand there is hope and that help for alcohol and drug use disorders is effective and available.

According to the 2006 National Survey on Drug Use and Health (NSDUH), published by the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA), an estimated 22.6 million persons (9.2 percent of the population ages 12 and older) were classified with a serious substance abuse problem in the past year.

In 2006, 4.0 million persons aged 12 or older received some kind of treatment for their problem related to the use of alcohol or illicit drugs. Unfortunately, there are millions more in need of treatment but who are either unable or unwilling to receive it for a variety of reasons. Luckily, there is a wide range of services available to attack the problem of addiction.

Treatment for those in need is a national health priority, and the President has taken a number of steps to help expand treatment capacity and recovery support services in our country. To help increase the number of available treatment options, SAMHSA is leading the Access to Recovery initiative, a consumer-driven approach for obtaining treatment and sustaining recovery through a State-run voucher program. Working with all levels of government, communities, businesses and society as a whole, SAMHSA is working to create a healthcare system that both embraces and understands the need for more drug and alcohol treatment services.

SAMHSA, the Federal **Recovery Month** coordinator, partners with other public sector entities, national and local coalitions, and other organizations to develop a **Recovery Month** activities toolkit, as well as other special events held throughout the nation during the month of September. For your review and use, we have enclosed a copy of the 2008 toolkit.

Approved for Agenda Listing

Matthew Ferial
City Manager

In 2007 there were 767 events held in local communities throughout the country, reaching an estimated one million Americans. In 2008 we hope to exceed this number, including 50 SAMHSA-sponsored community events during the month of September. These community events will examine key treatment and recovery-related issues in local communities, and will define specific objectives and action steps to broaden support and access for individuals in recovery. Each event seeks to unite a range of stakeholders in taking action, including individuals in the recovery community and their families and friends; policymakers and community leaders; judges; insurers; health professionals; treatment providers; educators/schools; community-based and faith-based organizations; the criminal justice system; diverse racial, ethnic and cultural groups; and members of the media.

To get the latest information on these and other events nationwide, and to find those nearest to you, go to our **Recovery Month** Web site at www.recoverymonth.gov. Click on the 2008 **Recovery Month** icon and select events.

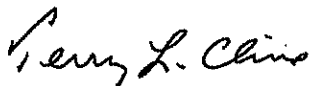
The enclosed toolkit was also sent to Federal, State and local officials. We encourage you to contact your local elected officials or your State Substance Abuse Director to offer your assistance in coordinating **Recovery Month** activities in your area, and in drafting a proclamation or organizing a media event. Please show your support by participating in the community events in your area, or develop your own community event.

Please make sure to fill out the Customer Satisfaction Survey located in the **Recovery Month** toolkit, and send information concerning your celebration and any materials produced to the address listed on the form. Your input and comments will assist in the development of future material and programs that can best meet your needs.

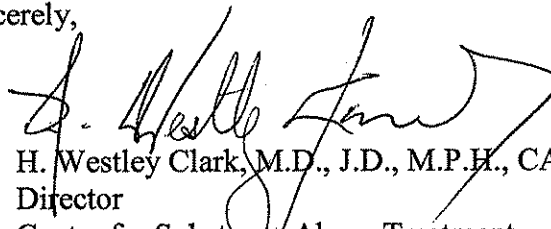
In addition, please post any planned activities within your State, district, city, town, or municipality on the **Recovery Month** Web site at www.recoverymonth.gov. For additional information about this observance, please contact SAMHSA's Center for Substance Abuse Treatment, Consumer Affairs office, at (240) 276-2750, or www.recoverymonth.gov.

We look forward to your participation and support in this year's **Recovery Month** activities.

Sincerely,



Terry L. Cline, Ph.D.
Administrator
Substance Abuse and Mental Health
Services Administration



H. Westley Clark, M.D., J.D., M.P.H., CAS, FASAM
Director
Center for Substance Abuse Treatment

Enclosure