

Kathy Bailor

From: Kathy Bailor
Sent: Monday, August 31, 2009 12:14 PM
To: Kathy Bailor
Subject: FW: Touching base about your Family Day proclamation

-----Original Message-----

From: Valerie Stahl [mailto:vstahl@casacolumbia.org]
Sent: Thursday, June 25, 2009 8:51 AM
To: CityClerk@ci.garden-grove.ca.us
Subject: Touching base about your Family Day proclamation

Dear Mayor,

Thank you for committing to proclaim *Family Day - A Day to Eat Dinner with Your Children*TM, which will be celebrated nationwide on Monday, September 28, 2009. With *Family Day* quickly approaching, I just wanted to let you know that we are looking forward to receiving your proclamation anytime between now and September 28th.

Please feel free to e-mail, fax or mail a signed copy of your proclamation at your earliest convenience. If your proclamation won't be ready until after *Family Day*, please let us know of that as well. For your reference, attached is sample language for your *Family Day* proclamation.

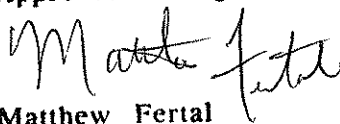
If you have any questions, Valerie Stahl would be happy to help you. You can contact her by phone at 212-841-5238 or by e-mail at vstahl@casacolumbia.org.

Thanks again for your support of *Family Day*!

Best,
Nancy

Nancy Gavilanes
Family Day Communications Specialist
The National Center on Addiction and
Substance Abuse at Columbia University
633 Third Avenue
New York, NY 10017-6706
Ph: 212-841-5308
ngavilanes@casacolumbia.org
www.CASAFamilyDay.org

Approved for Agenda Listing


Matthew Fertal
City Manager

Draft Proclamation

WHEREAS the use of illegal and prescription drugs and the abuse of alcohol and nicotine constitute the greatest threats to the well-being of America's children;

WHEREAS 14 years of surveys conducted by The National Center on Addiction and Substance Abuse (CASA) at Columbia University have consistently found that the more often children and teenagers eat dinner with their families the less likely they are to smoke, drink and use illegal drugs;

WHEREAS frequent family dining is associated with lower rates of teen smoking, drinking, illegal drug use and prescription drug abuse;

WHEREAS the correlation between frequent family dinners and reduced risk for teen substance abuse is well documented;

WHEREAS parents who are engaged in their children's lives – through such activities as frequent family dinners – are less likely to have children who abuse substances;

WHEREAS family dinners have long constituted a substantial pillar of family life in America:

Now, therefore, I, [NAME], [TITLE], do hereby proclaim the fourth Monday of every September as

Family Day – A Day to Eat Dinner with Your Children™

and urge all citizens to recognize and participate in its observance.