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Center for Mental Health Services
Center for Substance Abuse
Prevention
Center for Substance Abuse
Treatment
Rockville MD 20857

Mayor William Dalton
P.O. Box 3070
Garden Grove, CA 92842-

2010 JUN -8 P 2: 12

Dear Mayor Dalton:

National Alcohol and Drug Addiction Recovery Month (Recovery Month) 2010 marks the 21st year of the observance this September. This year's theme, "**Join the Voices for Recovery: Now More Than Ever!**" emphasizes the need to educate others about the disease of addiction and how high levels of stress may contribute to or exacerbate alcohol and/or drug use. **Recovery Month** also celebrates those who have worked to advance the treatment and recovery landscape and is designed to help people understand that treatment for alcohol and drug use disorders is effective and available, and that recovery is possible.

According to the 2008 National Survey on Drug Use and Health (NSDUH), published by the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA), 23.1 million persons aged 12 or older needed treatment for an illicit drug or alcohol use problem (9.2 percent of persons aged 12 or older). Of the people aged 12 or older classified with substance dependence or abuse in the past year, 3.1 million were classified with dependence on or abuse of both alcohol and illicit drugs, 3.9 million were dependent on or abused illicit drugs but not alcohol, and 15.2 million were dependent on or abused alcohol but not illicit drugs.

In 2008, 4.0 million persons aged 12 or older (1.6 percent of the population) received treatment for a problem related to the use of alcohol or illicit drugs. Unfortunately, there are millions more in need of treatment who are either unable or unwilling to receive it for a variety of reasons. The **Recovery Month** materials help to highlight the numerous paths to recovery and the wide range of services available to reduce addictions.

Health care, addiction treatment, and recovery services for those in need is a national health priority. In the past several years, steps have been taken to help expand treatment capacity and recovery support services in our country. Currently, we are working toward the integration of both mental health and addiction treatment services within the framework of the health reform efforts. In addition, the 2010 materials promote both HHS initiatives and SAMHSA's 10 Strategic Initiatives, such as Public Awareness and Support; Health Care Reform; Jobs and the Economy; Prevention of Substance Abuse and Mental Illness, Trauma and Justice, Military Families, and Data, Outcomes and Quality. Materials also highlight other SAMHSA programs, such as Access to Recovery (ATR), Screening, Brief Intervention, and Referral to Treatment (SBIRT) and Recovery Oriented Systems of Care (ROSC).

SAMHSA, the Federal **Recovery Month** coordinator, partners with other public entities, national and local coalitions, and other organizations to develop the **Recovery Month** toolkit, public service announcements and events to engage all levels of government, communities, businesses and society as a whole to create a system to improve the overall health and wellbeing of all Americans. For your review and use, we have enclosed a copy of the 2010 toolkit.

In 2009, more than 1,000 **Recovery Month** events were held throughout the country reaching 1,003,209 Americans. In 2010, we hope to exceed this number. These community events examine key treatment and recovery-related issues in local communities, and define specific objectives and action steps to broaden support and access for individuals in recovery. Each event seeks to unite a range of stakeholders in taking action, including individuals in the recovery community and their families and friends; policymakers and community leaders; judges; insurers; health professionals; treatment providers; educators/ schools; community-based and faith-based organizations; the criminal justice system; diverse racial, ethnic and cultural groups; and members of the media.

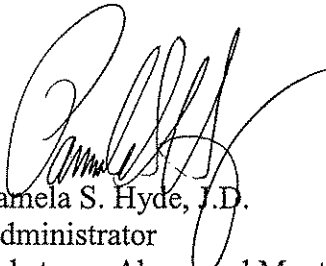
To get the latest information on these and other events nationwide, and to find those nearest to you, go to our **Recovery Month** Web site at www.recoverymonth.gov and select Community Events.

The enclosed toolkit was also sent to other State, city and municipal officials. We encourage your local State Substance Abuse Director to join the many field networks and coalitions that will organize **Recovery Month** activities. Please support their requests for drafting a **Recovery Month** proclamation for your jurisdiction and hosting a proclamation-signing media event.

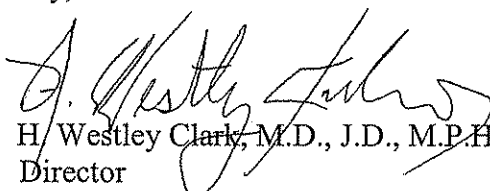
Please make sure to have your staff fill out the Customer Satisfaction Survey located in the **Recovery Month** toolkit, and send information concerning your celebration and any materials produced to the address listed on the form. Their input and comments will assist in the development of future material and programs that can best meet your needs.

For additional information about this observance, please contact Ivette Torres at SAMHSA's Center for Substance Abuse Treatment, Consumer Affairs office (ivette.torres@samhsa.hhs.gov), at (240) 276-2757, or through www.recoverymonth.gov.

Thank you for your efforts on behalf of the millions of citizens who are in recovery and their families. We look forward to your participation and support in this year's **Recovery Month** activities.


Pamela S. Hyde, J.D.
Administrator
Substance Abuse and Mental Health
Services Administration

Sincerely,


H. Westley Clark, M.D., J.D., M.P.H., CAS, FASAM
Director
Center for Substance Abuse Treatment
Substance Abuse and Mental Health
Services Administration

Enclosure

Approved for Agenda Listing


Matthew Fertal
City Manager