

City of Garden Grove

INTER-DEPARTMENT MEMORANDUM

To:	Matthew Fertal	From:	Kimberly Huy
Dept.:	City Manager	Dept.:	Community Services
Subject:	CONSIDERATION OF OUTDOOR FITNESS EQUIPMENT AT THE H. LOUIS LAKE SENIOR CENTER		
		Date:	December 11, 2007

OBJECTIVE

To seek City Council approval to send a letter of request to Supervisor Janet Nguyen's office, to be signed by the Mayor, requesting funding for outdoor fitness equipment at the H. Louis Lake Senior Center.

BACKGROUND

Community Services staff was recently informed that funding may be available through Supervisor Janet Nguyen's office for the installation of several pieces of outdoor fitness equipment for use by the Senior Center and the public.

DISCUSSION

Supervisor Janet Nguyen's office has indicated that \$30,000 may be available for purchase and installation of outdoor fitness equipment for the City of Garden Grove. Community Services staff estimates that this would allow for the purchase of 7 to 8 individual pieces of equipment, and would recommend that the equipment be installed in the park area near the H. Louis Lake Senior Center. Proximity to the Senior Center would allow staff to conduct fitness programs for the seniors. Staff would also be able to teach seniors to use the equipment on their own, and encourage its use on a regular basis to support healthy aging of Center participants.

FISCAL IMPACT

There will be no impact to the general fund, as the project will be funded through a grant from Orange County Supervisor Janet Nguyen. The project will only proceed if approved by the Orange County Board of Supervisors.

COMMUNITY VISION IMPLEMENTATION

One of the goals of the Community Vision encourages the City to "enhance support systems for senior citizens..." One of the Community Services Department's goals is to promote healthy aging, which contributes to seniors' ability to maintain their

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independence. This equipment will be another tool to encourage healthy habits among the senior residents of the City.

RECOMMENDATION

That the City Council:

- Authorize the Mayor to sign a letter to Supervisor Nguyen conveying the details of the City's request for funding, and
- Authorize the City Manager to execute the necessary documents related to the project.

KIMBERLY HUY
Director

By: Pilar Alcivar McCoy
Recreation and Human Services Manager